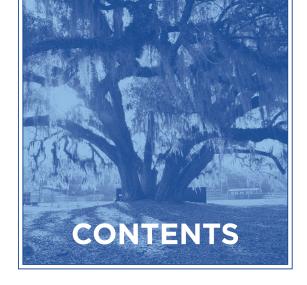
# MACLAY

COVID-19 RESPONSE 2021-22





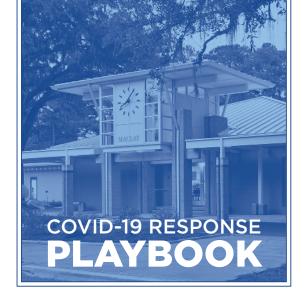




| Purpose of The Playbook1        |  |
|---------------------------------|--|
| Glossary2                       |  |
| COVID-19 Symptoms4              |  |
| Emergency Care5                 |  |
| COVID-19 Symptomatic Protocols5 |  |
| Protocol Cases6                 |  |
| Protocols K-12 Summary8         |  |



www.Maclay.org/COVID-19





### WHAT IS THE PURPOSE OF THIS PLAYBOOK?

- This playbook provides guidance on how to respond if a child or staff member exhibits symptoms of COVID-19 or tests positive for COVID-19.
- The playbook does not replace direct engagement with Florida DOH or your healthcare provider, but rather gives an overview of what will occur throughout that engagement process.
- The information shared in this document assumes that PreK-12 students and parents/guardians are complying with current FDOH guidelines and CDC\* guidance.

### HOW SHOULD I USE THE PLAYBOOK?

- Please keep the link for this playbook in an area which is **easily accessible** for reference.
- This playbook is intended to **share general best practices**; it does not address unique situation-specific questions that you may have.
- In the event of a probable or confirmed case of COVID-19 in the school setting, in addition to this resource, FDOH will support you throughout the process.

PLEASE NOTE THAT THE MATERIAL IN THIS DOCUMENT MAY EVOLVE AS NEW GUIDANCE IS RELEASED.

\*https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html

### **GLOSSARY**

| TERM                                                                                                                                                                                                                                                                                                                                                                                                | DEFINITION                                                                                                                                                                                                                                                                                                                                                          |  |  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| Close Contact                                                                                                                                                                                                                                                                                                                                                                                       | Being within 6 feet of an infected person (with or without a face mask) for at least 15 minutes, or having unprotected direct contact with secretions or excretions of a person with confirmed COVID-19 during the infectious period.                                                                                                                               |  |  |
| Community<br>Transmission                                                                                                                                                                                                                                                                                                                                                                           | Occurs when individuals acquire COVID-19 through contact with someone in their local community, rather than through travel to an affected location.                                                                                                                                                                                                                 |  |  |
| Confirmed Case                                                                                                                                                                                                                                                                                                                                                                                      | A person who has tested positive for SARS-CoV-2 infection (the virus that causes COVID-19).                                                                                                                                                                                                                                                                         |  |  |
| Contact Tracing                                                                                                                                                                                                                                                                                                                                                                                     | Process of identifying individuals who have had close contact (see definition above) with someone infected with COVID-19 as a confirmed case.                                                                                                                                                                                                                       |  |  |
| Cohort                                                                                                                                                                                                                                                                                                                                                                                              | A consistent group of students and staff who interacts with each other but not with members of other groups on a regular basis. Groups should be as small as possible, with maximum numbers outlined in the different reopening scenarios. When in a stable group, each group must physically distance themselves from each other and from other consistent groups. |  |  |
| COVID-19                                                                                                                                                                                                                                                                                                                                                                                            | Abbreviation for the disease caused by the novel coronavirus SARS CoV-2.                                                                                                                                                                                                                                                                                            |  |  |
| Incubation Period                                                                                                                                                                                                                                                                                                                                                                                   | The time between exposure to an infection and the appearance of first symptoms. The virus that causes COVID-19 has an incubation period of 2-14 days.                                                                                                                                                                                                               |  |  |
| Infectious period (asymptomatic cases)  48 hours prior to testing (the date the swabbing was conducted) until criteria to discontinue isolation are met.                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                     |  |  |
| Isolation for Confirmed Case  Process of separating individuals who are infected with COVID-19                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                     |  |  |
| Protocol                                                                                                                                                                                                                                                                                                                                                                                            | Recommended actions to follow in the event of a probable or confirmed case of COVID-19 occurs                                                                                                                                                                                                                                                                       |  |  |
| Probable Case  Individual who has at least TWO of the following symptoms: fever (measure 100.4 degrees Fahrenheit or subjective), chills (rigors), body aches (myalgon) headache, sore throat, nausea or vomiting, diarrhea, fatigue, or congestion runny nose OR at least one of the following symptoms: cough, shortness breath, or difficulty breathing, new loss of smell or new loss of taste. |                                                                                                                                                                                                                                                                                                                                                                     |  |  |

CONTINUED ON NEXT PAGE

| Quarantine                                                                                                                                                                                                                                                                    | Process of separating and restricting the movement of individuals who wer close contact (see definition above) with someone who tested positive or symptoms of COVID-19. Anyone who has been in close contact with some who has COVID-19 should watch for symptoms of COVID-19. Persons in quaran should self-monitor for symptoms and seek medical advice and test if recommen by FDOH or healthcare provider. |  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| FDOH                                                                                                                                                                                                                                                                          | Florida Department of Health                                                                                                                                                                                                                                                                                                                                                                                    |  |
| Screening                                                                                                                                                                                                                                                                     | Assessing individuals for symptoms of COVID-19 verbally or via self/parent attestation.                                                                                                                                                                                                                                                                                                                         |  |
| Symptomatic individual                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                 |  |
| Testing  Two types of tests are available for COVID-19: viral tests and antibody tests indicate if you have a current infection while antibody tests indicate a prince infection. Throughout this document, 'testing' refers to the viral test to day a person with COVID-19. |                                                                                                                                                                                                                                                                                                                                                                                                                 |  |

\*https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html





# COVID-19 SYMPTOMS

- Fever or chills
- Cough (new)
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- New loss of taste or smell
- Congestion or runny nose (new)
- Nausea or vomiting
- Diarrhea

#### Source:

https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

### PROBABLE CASE OF COVID-19

CDC defines a probable case as an individual who meets the following criteria.

#### One of the following symptoms:

- Cough
- Shortness of breath
- Difficulty breathing
- New loss of taste or smell

#### OR

#### Two of the following symptoms:

- Fever
- Chills (rigors)
- Muscle aches (myalgias)
- Headache
- Sore throat
- Nausea or Vomiting
- Diarrhea
- Fatigue
- Congestion or runny nose

Any student who meets a probable case definition while on campus should go to Maclay Health Services. Any student who meets a probable case definition while at home should contact their primary healthcare provider and notify the school in the coming weeks on these specific action steps.

#### Source:

https://wwwn.cdc.gov/nndss/conditions/coronavirus-disease-2019-covid-19/case-definition/2020/

## COVID-19 **EMERGENCY**

### WHEN TO CALL FOR EMERGENCY CARE

A person with the following symptoms needs emergency medical attention. Call 911 and notify the operator that you are seeking care for someone who may have COVID-19.

- · Difficulty breathing
- Persistent pain or pressure in chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

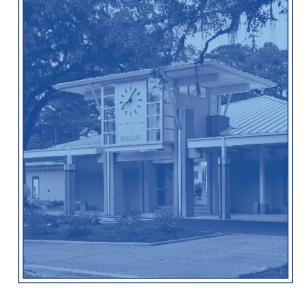
This list does not reflect all possible symptoms requiring emergency care.

#### Source:

https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

### DETERMINING CLOSE CONTACTS IN SCHOOLS

- You were within 6 feet of an infected person for at least 15 minutes (with or without a mask) starting from 48 hours before the person began feeling sick or from test date/time.
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (hugged or kissed them)
- You shared eating or drinking utensils
- They sneezed, coughed, or somehow got respiratory droplets on you



# PROTOCOLS

### CLEARANCE PROTOCOLS FOR PRE-K - 12TH GRADE STUDENTS AND STAFF MEMBERS TO RETURN TO CLASS

| SYMPTOM                                                                                      | SHOULD BE<br>TESTED?*                                                                                                                                                          |  |
|----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Cough (new)                                                                                  | Yes                                                                                                                                                                            |  |
| Shortness of breath or difficulty breathing                                                  | Yes                                                                                                                                                                            |  |
| New loss of taste or smell                                                                   | Yes                                                                                                                                                                            |  |
| Fever (temperature<br>higher than 100.4°<br>or feels feverish<br>to the touch) and<br>nausea | Yes, if two or more of<br>these symptoms:<br>Muscle or body aches,<br>Headache, Sore throat,<br>Fatigue, Congestion or<br>runny nose (new),<br>Nausea or vomiting,<br>Diarrhea |  |
| Fever Only                                                                                   | No, if only one of<br>these symptoms:<br>Muscle or body aches,<br>Headache, Sore throat,<br>Fatigue, Congestion or<br>runny nose (new),<br>Nausea or vomiting,<br>Diarrhea     |  |

### PROTOCOL - SYMPTOMATIC INDIVIDUAL BUT NOT A PROBABLE CASE

| Situation                            | Staff or student has <b>symptom(s) of COVID-19 but does not meet</b> the CDC definition of probable case.                                                                                                                                                                                                                                                                                                              |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Isolation and<br>Quarantine Protocol | Symptomatic individual is isolated and sent home. No quarantine recommended for exposed staff and children.                                                                                                                                                                                                                                                                                                            |
| Recommended<br>Testing Protocol      | Advise symptomatic individual to seek medical advice and test if recommended by healthcare provider. FDOH may recommend testing for others in certain situations.                                                                                                                                                                                                                                                      |
| Requirement<br>to Return             | <ul> <li>Attestation from a parent or guardian that documents one of the following:</li> <li>Tested negative for COVID-19, has been fever free for 24 hours and symptoms improved (back to usual health).</li> <li>Tested positive for COVID-19 and has since met FDOH guidelines for ending isolation.</li> <li>Not tested, has been fever free for 24 hours and symptoms improved (back to usual health).</li> </ul> |

### PROTOCOL - PROBABLE CASE

| Situation                            | Staff or student is a probable case.                                                                                                                                                                                                                                                   |  |  |
|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| Isolation and<br>Quarantine Protocol | Symptomatic individual is isolated and sent home. No action for close contacts while waiting for test result. Quarantine may be advised by FDOH or primary healthcare provider. (Refer to glossary for more information).                                                              |  |  |
| Recommended<br>Testing Protocol      | Advise symptomatic individual to seek medical advice and obtain a COVID PCR(viral) test. FDOH may recommend testing for others in certain situations.                                                                                                                                  |  |  |
| Requirement<br>to Return             | Attestation from a parent or guardian that documents one of the following:  • Tested negative for COVID-19, has been fever free for 24 hours and symptoms improved (back to usual health).  • Tested positive for COVID-19 and has since met CDC/FDOH guidelines for ending isolation. |  |  |

### PROTOCOL - POSITIVE CASE

| Situation                            | Staff or student tests positive                                                                                                                                                                       |  |  |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| Isolation and<br>Quarantine Protocol | Person testing positive is isolated per CDC/FDOH guidelines.                                                                                                                                          |  |  |
| Requirement<br>to Return             | <b>Positive</b> individuals must meet the CDC/FDOH guidelines for ending isolation before returning to school. <b>FDOH recommends the symptom-based strategy for ending isolation.</b> Isolate until: |  |  |
|                                      | Fever free for 24 hours and                                                                                                                                                                           |  |  |
|                                      | Symptoms have improved and                                                                                                                                                                            |  |  |
|                                      | 10 days since symptoms first appeared (20 days if severely immunocompromised)                                                                                                                         |  |  |
|                                      | OR time-based approach if asymptomatic when tested positive.  Isolate until:                                                                                                                          |  |  |
|                                      | 10 days since date of specimen collection (20 days if severely immunocompromised).                                                                                                                    |  |  |

### PROTOCOL - CLOSE CONTACT OF A CASE

| Situation                            | Staff or student is a close contact of a confirmed case.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Isolation and<br>Quarantine Protocol | <ul> <li>Return to school/work after day 10 without testing or after day 7 after receiving a negative test result (test must occur on day 5 or later) you can return to school or work.</li> <li>Someone who has been fully vaccinated* and shows no symptoms of COVID-19 can return to work/school. However, fully vaccinated people should get tested 3-5 days after their exposure, even they don't have symptoms and wear a mask indoors in public for 14 days following exposure or until their test result is negative.</li> <li>Or someone who has had COVID-19 illness within the previous 3 months, has recovered and remains without COVID-19 symptoms (for example, cough, shortness of breath).</li> <li>*Status to be verified through voluntary submission of documentation.</li> </ul> |
| Recommended<br>Testing Protocol      | Close contacts in quarantine should self-monitor for symptoms and seek medical advice and test if recommended by FDOH or healthcare provider. Close contacts who have tested positive in the past 90 days do not have to quarantine. FDOH may recommend testing of close contacts in certain situations.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Requirement<br>to Return             | Children or staff member must meet the CDC/FDOH guidelines for ending quarantine before returning to school.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |

**Source:** https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html

### WHAT TO DO IF SOMEONE IN YOUR HOUSEHOLD IS POSITIVE OR A CLOSE CONTACT:

- Monitor your symptoms. If you have an emergency warning sign (including trouble breathing), seek emergency medical care immediately.
- Stay in a separate room from other household members, if possible.
- Use a separate bathroom, if possible.
- Avoid contact with other members of the household and pets.
- Don't share personal household items, like cups, towels, and utensils.
- Wear a mask when around other people if able.

### PROTOCOLS K-12 SUMMARY

|                       | Any Symptom<br>(not probable<br>case)                                                                                                                                                      | Probable<br>Case                                                                                                                                      | Person Tests<br>Positive                                                                                                                                      | Person Tests<br>Negative                                                                      |
|-----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Symptomatic<br>Person | <ul> <li>Isolate</li> <li>Medical advice</li> <li>Test as advised</li> <li>If not tested</li> <li>» Fever free for 24 hours</li> <li>» Symptoms improved (back to usual health)</li> </ul> | <ul> <li>Isolate</li> <li>Medical Advice</li> <li>Test Recommended</li> </ul>                                                                         | Isolate for 10+ Days  • Fever free for 24 hours and  • Symptoms have improved and  • 10 days since symptoms first appeared or 10 days from positive test date | <ul> <li>Fever free 24 hours and</li> <li>Symptoms improved (back to usual health)</li> </ul> |
| Return to<br>School   | Parent/guardian<br>attestation                                                                                                                                                             | Parent/guardian<br>attestation and<br>test result                                                                                                     | Parent/guardian<br>attestation                                                                                                                                | Parent/guardian<br>attestation                                                                |
| Close Contacts        | No action                                                                                                                                                                                  | <ul> <li>No action<br/>while waiting<br/>for test result</li> <li>Quarantine may<br/>be advised by<br/>FDOH or<br/>healthcare<br/>provider</li> </ul> | Quarantine<br>to current<br>recommendations                                                                                                                   | No action                                                                                     |

<u>Travel Information:</u> https://www.cdc.gov/coronavirus/2019-nCoV/travelers/

