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| May 30 th -June 2 nd | Maclay VB Camp | 9am-12pm |
| June 5 th | Open Gym Conditioning Weights | 6:30-8:15am 8:30-9am 9-10am |
| June 7 th | Open Gym Conditioning Weights | 6:30-8:15am 8:30-9am 9-10am |
| June 8 th | Conditioning Weights | 8-9am 9-10am |
| June 12 th | Open Gym Conditioning Weights | 6:30-8:15am 8:30-9am 9-10am |
| June 14 th | Open Gym Conditioning Weights | 6:30-8:15am 8:30-9am 9-10am |
| June 15 th | Conditioning Weights | 8-9am 9-10am |
| June 19 th | Open Gym Conditioning Weights | 6:30-8:15am 8:30-9am 9-10am |
| June 21 st | Open Gym Conditioning Weights | 6:30-8:15am 8:30-9am 9-10am |
| June 22 nd | Conditioning Weights | 8-9am 9-10am |
| June 26 th | Open Gym Conditioning Weights | 6:30-8:15am 8:30-9am 9-10am |
| June 28 th | Open Gym Conditioning Weights | 6:30-8:15am 8:30-9am 9-10am |
| June 29 th | Conditioning Weights | 8-9am 9-10am |
| July 3 rd -7 th | OFF | OFF |
| July 10 th | Open Gym Conditioning Weights | 6:30-8:15am 8:30-9am 9-10am |
| July 12 th | Open Gym Conditioning Weights | 6:30-8:15am 8:30-9am 9-10am |
| July 13 th | Open Gym Conditioning Weights | 6:30-8:15am 8:30-9am 9-10am |
| July 13 th & 14 th | Underclassmen Positional Camp (VSU) | 9am-3:30pm Please Register on VSU site |
| July 17 th | Open Gym Conditioning | 6:30-8:15am 8:30-9am |

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