

Dear Parents and Campers,

We extend a warm "welcome" to our new camp families joining us for the first time this summer and to our returning campers and families. Summer Camps at Maclay started more than thirty years ago and has grown into a fun, full summer filled with a variety of academic, athletic, artistic, and just plain fun activities for all ages. We like to say it's more than a camp – it's an experience!

We are excited to have your child registered for **Restorative Yoga Camp beginning Monday June 6th, from 12 p.m. – 2 p.m.** Our Summer Camp team has spent the last several months preparing for an awesome summer for your camper. Please review the information below before the first day of camp.

Jane Chambers jchambers@maclay.org

For General Camp Questions, please email summercamps@maclay.org

What to bring to camp each day:

- Water bottle
- Snack
- Yoga Mat
- Sport or Beach Towel
- Bag (to keep these items in, labeled with camper's name)
- Please dress in clothing appropriate for yoga or bring a change of clothes

Daily activity: Campers will be challenged mentally and physically during this session. We will practice basic yoga poses to not only stretch and strengthen, but also to enhance our positivity and inner peace! Namaste!

Lunch: For those staying for the full day camp, lunch is included for campers in the Dining Hall.

- Monday: Chicken nuggets
- Tuesday: Cheese pizza
- Wednesday: Hamburgers and/or Hot Dobs
- Thursday: Cheese pizza
- Friday: Turkey subs

Arrival procedures for campers:

If this is the first camp of the day for your child, then please follow these directions. Enter from Maclay Road and veer left to continue past the Pre-K building and towards the Lower School. Follow the initials in the lanes marked L.S. Pull up past the main office (clock building) by 12 p.m. Do not get out of the car. Someone will be there to walk your child to the classroom and get them checked in. If you arrive after 12 p.m, please call Mrs. Chambers at 229-539-5604 and someone will walk out to the drop-off point and pick up your child.

• Transfers: If your child is coming from another camp we will pick them up.

Pick up procedures for campers:

Please pull up to the Lower School drop-off right past the main office (clock building) by 2 p.m. Do not get out of the car. Someone will be there to walk your child to the car and get them checked out. If you arrive early, call **Mrs. Chambers at 229.539.5604** and someone will walk your child to you. Make sure you know your family's PIN (4 digit number) to pick up the camper.

• After Care: (pre-registered only) Please pull up to the Dining Hall's east doors (facing the grass parking lot) between 5:00 pm and 5:30 pm. Do not get out of the car. Someone will be there to radio for your child to be escorted out to your vehicle. If you arrive before 5:00 pm, please call 850-894 –0908. Make sure you know your family's PIN (4 digit number) to pick up the camper.

Camp safety:

Maclay has a registered nurse on campus to help support the safety and wellness of our campers. All campers must sign a waiver, produce immunization records, and follow our safety protocols. Before arrival to camp each morning, please screen your child for presence of acute illness symptoms. Any camper with symptoms present will be asked to stay home until symptoms have resolved (without the use of medication) for at least 24 hours. As always, seek medical attention and testing when appropriate.

The following is a list of symptoms:

- Fever >= 100.0 or chills
- Nausea or vomiting
- Diarrhea
- Cough
- Congestion or runny nose*
- Shortness of breath or difficulty breathing*
- Fatigue
- Muscle or body aches
- Headache*
- New loss of taste or smell

Thank you for practicing and modeling good hand hygiene and staying home when sick.

Please communicate with the Health Center if you are keeping your child home for illness and/or injury related reasons so that we may discuss our return to camp guidelines related to specific diagnoses. For these discussions or any questions about our health and safety protocols please contact the Health Center at 850-893-5030 or healthcenter@maclay.org

^{*} We understand some of these symptoms are present with chronic medical conditions (i.e., migraines, allergies, asthma, etc.) Please have medical conditions and diagnoses listed on camper's medical form prior to enrollment.